

I beat breast cancer and got my body back

Breast cancer survivor Nicola tells of her battle with cancer and how CoolSculpting helped her regain her body and confidence.

After fighting and surviving breast cancer, Nicola no longer recognised her body in the mirror. The breast cancer treatment made her gain weight, which she was struggling to lose despite a healthy diet, lifestyle and regular exercise. Nicola scoured the internet for solutions to her bulging belly, and Nicola says she “even considered liposuction”, but she didn’t want to undergo another anaesthetic and further surgery after all the procedures that she’d already endured. When Nicola mentioned her concerns to Dr Mohan, he presented a truly non-invasive, proven and safe solution, CoolSculpting, as an alternative to liposuction. It sounded too good to be true. Dr Mohan mapped Nicola for the treatment at the consultation at Revere



Nicola Flanagan, patient of Revere Clinics, had her CoolSculpting treatment performed live in front of 11,000 people in London last year

Clinics in Harley Street to create a bespoke treatment plan that was perfect for her. Revere performed the CoolSculpting procedure on Nicola live in front of thousands of people at the Anti-Ageing Show in London last year. Eight weeks later, she came back to see Dr Mohan for a follow-up consultation and was absolutely amazed by the results. A picture is worth a thousand words and Revere keeps ‘before’ and ‘after’ photos to demonstrate the effectiveness of each treatment, and ‘wow’ its patients. “I’m really happy with the results, I can get into all my old clothes now. I can wear my Lycra gear to the gym, which I’d never have done before,” exclaimed Nicola after seeing the results and getting back her pre-cancer figure. “It’s unbelievable!”

Revere founders Dr Karim and Dr Mohan are proud of how CoolSculpting has evolved to become the leading non-surgical fat-reduction treatment.

“CoolSculpting is successfully reducing stubborn fat on the belly, thighs and love handles and is especially effective for those hard-to-shift bulges that resist diet and exercise,” says Dr Mohan. “Using revolutionary cryolipolysis technology, CoolSculpting



targets, freezes and eliminates unwanted fat cells in the selected areas safely, effectively, and forever.”

Dr Karim adds, “The science behind CoolSculpting was proven many years ago. Now, with our extensive experience, we’ve truly mastered the art of body contouring using CoolSculpting. We can now not only treat people with a small stubborn bulge, but much larger problem areas too.”

CoolSculpting technology, developed at Harvard, has revealed that fat cells are more susceptible to cold and are selectively destroyed without damaging your skin or nerves. Natural-looking results can be seen as early as three weeks following treatment, with the final results evident after two to three months. With over two million treatments worldwide, CoolSculpting is the only FDA-approved cryolipolysis treatment, proven to be safe and effective, unlike its cheaper copycats.

Dr Mohan says, “We’re now able to take on liposuction head to head and deliver outstanding results without the risks of surgery and anaesthesia. Our patients are truly astounded by their results. We’re now regularly reducing fat equivalent to two litres of liposuction — all gone for good.”

With CoolSculpting treatments, there are no needles, no incisions and no need for anaesthesia. During their treatments, patients can read, work on their laptop, listen to music or just relax. Most patients resume their normal activities immediately after the treatment, even returning to work and exercise regimens on the same day as the procedure.

There are no needles, no incisions and no anaesthesia, and now with CoolSculpting, Revere can treat large areas too



Revere's unique approach:

- Customised treatment plans created by expert doctors based on individual needs.
- Over four years' experience in delivering some of the best results in the world.
- Smaller areas such as chins, knees and bra folds can now be treated with new novel applicators.
- Now able to treat large areas and reduce fat by up to two litres per session.

Contact Revere Clinics for your complimentary consultation and treatment plan with Dr Sabika Karim and Dr Sach Mohan:
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